

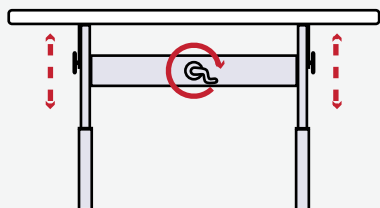


## USING YOUR FOCAL DESK

The beauty of the Active Collection's desks lies in their infinite adjustability. With height and angle-adjustable levers, you can set the desk at just about any position you want.

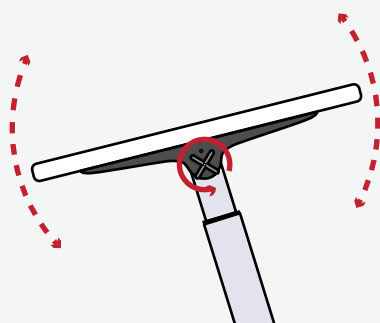
But how do you know which is the right fit for you? The trick lies in proper ergonomics. Just give our posture guide a glance and try it out for yourself.

One last thing – don't forget to tighten your desk angle whenever you adjust it!



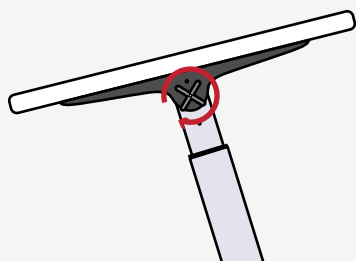
### 1. Raise or Lower the Desk Height

Spin the crank clockwise to raise your desk height. Spin the crank counter-clockwise to lower your desk height.



### 2. Adjust the Angle

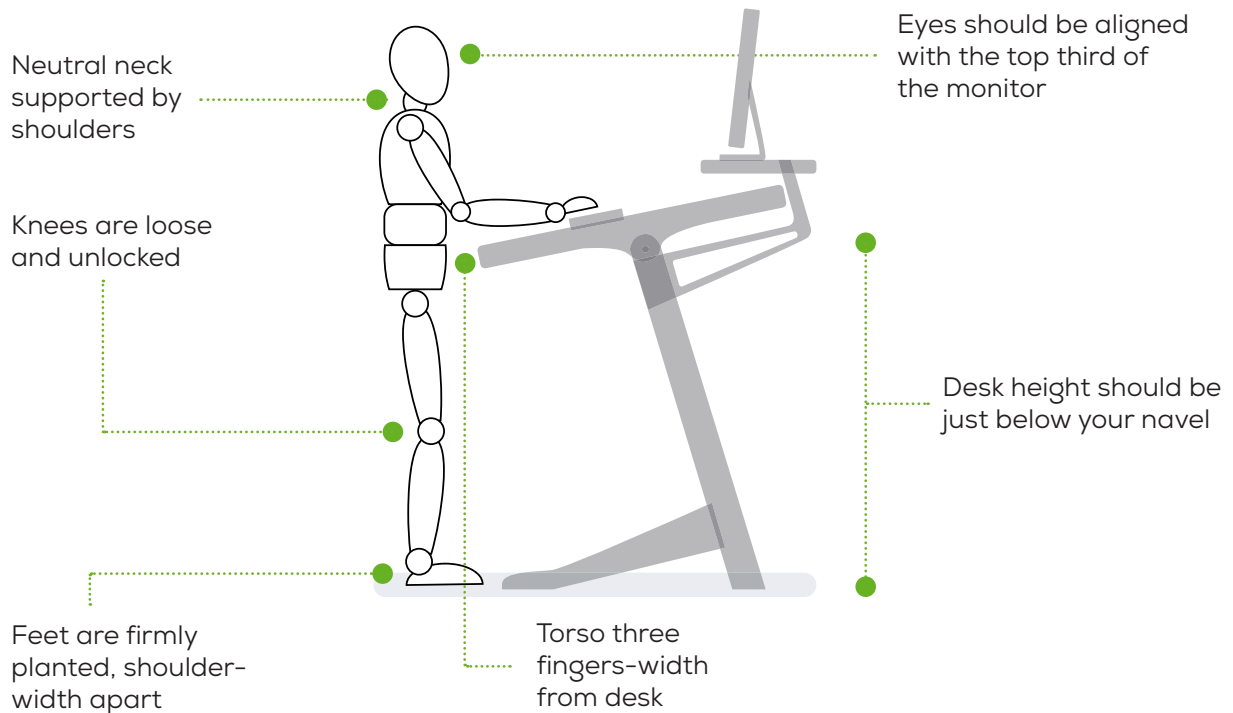
Loosen both angle-adjustment knobs by spinning counter-clockwise. Tilt the desk top forward or back to your preferred angle. Tighten the cranks to secure the desk top.



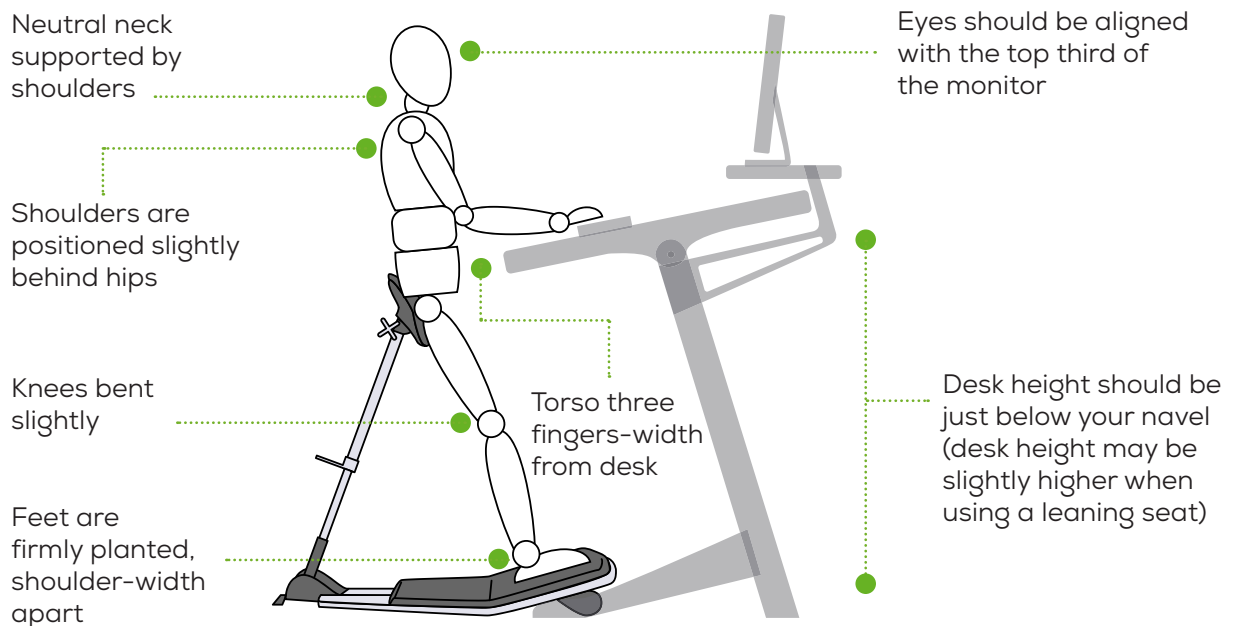
### 3. Tighten the Knob

Tightening your desk properly is key to keeping your desk stable and your desk top safe. If you do not tighten it enough, the desk top may shift or lurch if you apply weight to it.

# HOW TO STAND PROPERLY



# HOW TO LEAN PROPERLY



Part of the Active Collection line; The Active Collection products are designed to promote active movement throughout the day and engage major muscle groups to help combat the negative effects of inactivity in many classrooms.



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